

WILLY'S CHILI





Day Before: Place 2 packages of frozen Tenleytown Meat in refrigerator to defrost for 24 hours. Bring to room temperature before cooking.

Prep Time: 10 minutes Cook Time: 1-2 hours

~~~OPTIONAL~~~

Crushed Red Pepper and/or Cayenne Pepper, to taste

Heat a large **skillet over medium heat** and sauté **onion**, **garlic**, **red pepper**, and **carrot** for 3-5 minutes. Add **stew meat** for 2 minutes, then add the **ground beef** and **spices** and cook until stew meat is cooked all the way through and ground beef is **browned**.

Combine **beef** and **vegetable mixture** in a large stockpot with all **remaining ingredients** and cook over medium-high heat for 10 minutes, uncovered. Mix well, cover, and **simmer** over low heat for **1-1.5 hours**, adding optional **beef stock** to reach desired consistency.

## ~~~TOPPING SUGGESTIONS~~~

Chopped fresh cilantro, cheese, avocado, and sour cream

makes 8~10 servings





up to 2 cups **beef stock** (optional)

1 tablespoon **cumin and oregano** 1 teaspoon **chipotle chili seasoning** 

salt and pepper to taste





Washington, DC