

CHARRED LEG OF LAMB





Days Before: Place Tenleytown Meat in refrigerator to defrost for 2-3 days.

Prep Time: 10 minutes
Cook Time: 30 minutes

4-5 lb Tenleytown Meat Company butterflied lamb leg
(butterflied shoulder roast works too)

10+ cloves garlic,
grated or finely minced finely shredded zest and juice of 2 lemons
1 tbsp extra-virgin olive oil
1/4 cup chopped fresh flat-leaf parsley
2 tbsp kosher salt

Place **butterflied lamb roast** in large zip-top plastic bag. Combine **all remaining ingredients** and mix well. **Marinate lamb** with mixture for 1 to 2 days, ensuring **even distribution** of marinade over the lamb throughout.

Before cooking, allow meat to come to **room temperature**. Take lamb directly from the bag and set it, fat side down, directly over the coals of a medium fire. **Pour** the remaining marinade from the bag onto the lamb. **Reduce air intake** to just a sliver and cover the grill. In the best-case scenario, your fire is just hot enough that it will char the bottom to a beautiful crunchy crust while the captured heat slowly cooks the meat on the top. Check the meat after **15 minutes**. If the bottom in becomming too charred, then flip the lamb over and move it away from the fire. Cover the grill and cook until the meat is just **medium rare** at its **thickest part**, about another **10 minutes**, then flip it to briefly sear the other side and to make sure that all the garlic in the marinade gets cooked, about **2 minutes**.

Let the lamb **rest** for at least **15 minutes** before thinly slicing it. Try to slice **against the grain** when possible, and serve immediately.

makes 6-8 servings



Where There's Smoke Barton Seaver

Washington, DC







